

# September

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| Yogurt & 100%Apple juice and fruit are offered.<br>Seasonal fresh fruit will be served when available.<br><i>Menus subject to change without notice do to product availability.</i> | Whole grain breads are served with meals.<br>1% white milk & fat free flavored are served with meals. |   |  | 1<br>Beef Lo Mein<br>Tropical fruit<br>Romaine salad/lt.ranch      |
| 4<br><br>NO SCHOOL<br>Labor Day   | 5<br>Pulled pork Mac & cheese<br>Peaches<br>Cooked carrots  | 6<br>Chicken bowls<br>Corn<br>Apple   | 7<br>Meatball sub<br>Mandarin oranges<br>Romaine salad/lt. ranch           | 8<br>Baked potato<br>Blueberries                                   |
| 11<br>Buffalo cheese bread<br>Fruit snacks<br>Mango wango   | 12<br>Ravioli<br>Orange smiles<br>Green beans   | 13<br>Chopped Italian sandwich<br>Apple<br>Peas   | 14<br>Chicken burrito bowl<br>Tropical fruit<br>Rice/beans                 | 15<br>Crispy onion chicken<br>Mashed potatoes/gravy<br>Mixed fruit |
| 18<br>Rodeo burger on wg bun<br>Sidekick<br>Onion rings   | 19<br>Tuscan grilled chicken on wg bread<br>Grapes<br>Peppers & cucumbers/lt. ranch                   | 20<br>Ham sandwich on wg bread<br>Craisins<br>Carrots/lt. ranch<br>Mayo/mustard/ketchup | 21<br>Chicken & cheese<br>Pineapple<br>Refried beans                       | 22<br>Baked potato<br>Blueberries                                  |
| 25<br>Chicken philly sub<br>Peaches<br>Corn   | 26<br>Ash's casserole<br>Strawberries<br>Spinach salad/lt. ranch                                      | 27<br>Spaghetti<br>Mixed berries<br>3 bean salad  | 28<br>Turkey bacon ranch sliders<br>Mandarin oranges<br>Broccoli/lt. ranch | 29<br>Pulled pork tots<br>Cinnamon apples<br>Carrots/lt. ranch     |

This institution is an equal opportunity provider. **If your child is on a special diet for allergy purposes, they may be given an alternative meal. Action Plan must be sent from doctor.**