

		September		
Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL LABOR DAY	2 B-Granola* L-Cheese pizza lunchable* Cuties*/pears* AC-Chopped Italian Sandwich*	3 B-Wg toast* L-Oven baked chicken* Green beans*/grapes* AC-Loaded potato soup*	4 B-Scrambled eggs L-Ham & cheese sub sandwich* Broccoli*/fruit cocktail AC-Chicken Alfredo*	5 B-Cheese stick L-Corndog Carrots*/apple* AC-None/no salad bar
8 B-Chocolate chip muffin* L-Cheeseburger* Cooked carrots*/cin. apples* AC-Chicken Caesar salad	9 B-Pancakes* & syrup L-Beef Stroganoff* Green beans*/applesauce* AC-Tortilla pizza*	10 B-Ham & egg cups* L-Chicken pasta salad* Peas*/pears* AC-Cheeseburger soup*	11 B-Breakfast smoothie* L-Sloppy Joe* Corn*/peaches* AC-Cheesy beef sandwich*	12 B-Granola* L-Ham & cheese lunchable* Carrots*/oranges* AC-Baked potato*
15 B-Sausage patty* L-Ravioli Romaine salad*/peaches* AC-Buffalo chicken quesadilla*	16 B-Egg patty* L-Chicken strips* Peas*/applesauce* AC-Cheeseburger*	17 B-Blueberry muffin* L-Spaghetti* Green beans*/pears* AC-Tortellini soup*	18 B-Pancake & sausage bites* L-BBQ chicken sandwich* Corn/cin. Apples* AC-Pork burger*	19 B-Yogurt L-BLT* Lettuce*/tomato*/grapes* AC-Baked potato*
22 B-Wg toast* L-Chicken, bacon, ranch pasta* Romaine salad*/cuties* AC-Ham & cheese toasted folded wrap*	23 B-Scrambled eggs* L-Mac & cheese* Peas*/fruit cocktail AC-Pulled pork sandwich*	24 B-Chocolate chip muffin* L-Cheese quesadilla* Cowboy caviar*/pears* AC-Chili*	25 B-Pancakes* & syrup L-Traveling taco* Lettuce & cheese cups* Corn*/peaches* AC-Big Mac wrap*	26 B-Granola* No Lunch 12pm Dismissal
29 B-Ham & egg cups* L-Grilled cheese* Carrots*/apple* AC-Taco salad cups*	30 B-Breakfast smoothie* L-Cheeseburger pasta* Peas*/oranges* AC-BLT*		-All meals come with a fruit, vegetable and 1% white milk or fat free flavored milk. -Seasonal fresh fruits and vegetables will be served when available. -Menus subject to change without notice do to product availability. <i>This institution is an equal opportunity provider.</i>	<u><i>-If your child is on a special diet for allergy purposes, they may be given an alternate meal. Action plan must be sent from a doctor.</i></u> -AC is only served to Junior High, High School and staff. -Items with * indicate scratch or fresh from one of our local farmers.

As part of our Sangamon County Farm-to School Initiative we are proudly serving more locally-sourced foods, including poultry, beef, fruits and vegetables.