

October

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| <p>Yogurt & 100%Apple juice and fruit are offered. Seasonal fresh fruit will be served when available. <i>Menus subject to change without notice do to product availability.</i></p> | <p>Whole grain breads are served with meals. 1% white milk & fat free flavored are served with meals.</p> | | | <p>1 Lunchable Celery/sun butter Raisins</p> |
| <p>4 Grilled cheese Romaine salad Pineapple Lt. ranch</p> | <p>5 Egg, cheese, & sausage biscuit Broccoli Blueberries Lt. ranch</p> | <p>6 Soft taco on wg tortilla Lettuce & cheese cups Peaches Taco sauce</p> | <p>7 Chicken Pot Pie Mixed veggies Pears</p> | <p>8 Turkey sandwich on Wg bread Carrots Applesauce Lt. ranch/mayo/mustard</p> |
| <p>11 NO SCHOOL Columbus Day</p> | <p>12 Chicken nuggets Green beans Mixed fruit Ketchup/mustard/sweet & sour</p> | <p>13 Cheese pizza Cooked carrots Cinnamon apples</p> | <p>14 Cheeseburger on wg bun Corn Pineapple Ketchup/mustard</p> | <p>15 Corndog nuggets Peas Apple Ketchup/mustard</p> |
| <p>18 Taco tot bake Mixed veggies Craisins Taco sauce</p> | <p>19 Spaghetti Romaine salad Peaches Wg bread/butter/lt. ranch</p> | <p>20 NOON DISMISSAL</p> | <p>21 NO SCHOOL Parent/teacher conferences</p> | <p>22 NO SCHOOL Parent/teacher conferences</p> |
| <p>25 Hot ham & cheese Wg bun Green beans Orange smiles</p> | <p>26 Cheesy chicken quesadilla Cooked carrots Cinnamon apples</p> | <p>27 Hamburger on wg bun Corn Blueberries Ketchup/mustard</p> | <p>28 Taco rice bake Broccoli Mixed fruit Taco sauce</p> | <p>29 Hawaiian sandwich Wg bun Carrots Raisins Lt. ranch</p> |

*This institution is an equal opportunity provider. **If your child is on a special diet for allergy purposes, they may be given an alternative meal. Action Plan must be sent from doctor.***