

October

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Yogurt & 100%Apple juice and fruit are offered. Seasonal fresh fruit will be served when available. <i>Menus subject to change without notice do to product availability.</i></p>	<p>Whole grain breads are served with meals. 1% white milk & fat free flavored are served with meals.</p>			<p>1 Cinnamon bread Golden Graham Bar Sunflower seeds Juice/milk</p>
<p>4 Poptart Cinnamon Toast Crunch Cheddar goldfish Juice/milk</p>	<p>5 Muffin Lucky Charms Apple mini grahams Juice/milk</p>	<p>6 Granola Trix Strawberry mini grahams Juice/milk</p>	<p>7 Zoo animals Cocoa Puffs Strawberry mini grahams Juice/milk</p>	<p>8 Yogurt Golden Graham Bar Sunflower seeds Juice/milk</p>
<p>11 NO SCHOOL Columbus Day</p>	<p>12 Bagel & cream cheese Lucky Charms Apple mini grahams Juice/milk</p>	<p>13 Nutrigrain bar Trix Strawberry mini grahams Juice/milk</p>	<p>14 String cheese Cocoa Puffs Strawberry mini grahams Juice/milk</p>	<p>15 Blueberry bread Golden Graham Bar Sunflower seeds Juice/milk</p>
<p>18 Graham crackers Cinnamon Toast Crunch Cheddar goldfish Juice/milk</p>	<p>19 Cinnamon bread Lucky Charms Apple mini grahams Juice/milk</p>	<p>20 NO SCHOOL</p>	<p>21 NO SCHOOL Parent/teacher conferences</p>	<p>22 NO SCHOOL Parent/teacher conferences</p>
<p>25 Poptart Cinnamon Toast Crunch Cheddar goldfish Juice/milk</p>	<p>26 Muffin Lucky Charms Apple mini grahams Juice/milk</p>	<p>27 Granola Trix Strawberry mini grahams Juice/milk</p>	<p>28 Zoo animals Cocoa Puffs Strawberry mini grahams Juice/milk</p>	<p>29 Yogurt Golden Graham Bar Sunflower seeds Juice/milk</p>

*This institution is an equal opportunity provider. **If your child is on a special diet for allergy purposes, they may be given an alternative meal. Action Plan must be sent from doctor.***