

January

Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt & 100% Apple juice and fruit are offered. Seasonal fresh fruit will be served when available. <i>Menus subject to change without notice do to product availability.</i>	Whole grain breads are served with meals. 1% white milk & fat free flavored are served with meals.	4 No School	5 Hummus Applesauce Carrots/lt. ranch Wg crackers	6 Meat & cheese sticks Raisins Juice Wg pretzels
9 Mac & cheese Peaches Green beans Wg bread/butter	10 Hotdog on wg bun Cinnamon apples Corn Ketchup/mustard	11 Eggroll Pears Fried rice Sweet & sour/honey mustard	12 Salisbury steak Peaches Cheesy potatoes	13 Cheese bread Raisins Carrots/lt. ranch Marinara
16 No School MLKJ	17 Cheeseburger pasta Peaches Green beans Wg bread/butter	18 Corndog nuggets Applesauce Peas Ketchup/mustard	19 Cheese pizza Fruit snacks Corn	20 Sweet & sour chicken Craisins Fried rice
23 Cheesy beef on wg bun Peaches Peas	24 Ham & cheese pasta Pears Green beans Wg bread/butter	25 Spaghetti Applesauce Corn Wg bread/butter	26 Pulled pork on wg chips Fruit cocktail Broccoli BBQ/cheese sauce	27 Chicken nuggets Strawberries Baked fries Ketchup/mustard/BBQ
30 Hamburger on wg bun Peaches American fries Ketchup/mustard/mayo	31 Chicken fajita on wg tortilla Blueberries Romaine salads Cheese cups/lt. ranch			

*This institution is an equal opportunity provider. **If your child is on a special diet for allergy purposes, they may be given an alternative meal. Action Plan must be sent from doctor.***