

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>- All meals come with a fruit, vegetable and milk. -Seasonal fresh fruits and vegetables will be served when available. -Menus subject to change without notice do to product availability. -1% white milk & fat free flavored are served with meals. <i>This institution is an equal opportunity provider.</i></p>	<p><u>If your child is on a special diet for allergy purposes, they may be given an alternative meal. Action Plan must be sent from doctor.</u></p> <p>-AC is only served to Junior High, High School and staff. -Items with * indicate scratch or fresh from one of our local farmers.</p>		1	2
5	6	7	8	9
12	13	14	15	16
		B – Cheez-Its H – Corndog Baked beans/cinnamon apples AC – Eggroll & rice	B – Churro crackers H – Hamburger* on wg bun Corn/fruit cocktail Ketchup/mustard AC – Chicken sandwich	B – Yogurt H – Chicken fajita* Lettuce & cheese cups/pears AC – Baked potato*
19	20	21	22	23
B – Granola* H – Turkey sandwich* Carrots/apple AC – Buffalo chicken grilled cheese*	B – Sausage patty* H – Mac & cheese* Romaine salad/peaches AC – Chopped Italian sandwich*	B – Scrambled eggs* H – Grilled cheese* Corn/oranges AC – Taco nachos*	B – Chocolate chip muffin* H – Chicken nuggets* Green beans/cinnamon apples AC – Bacon cheeseburger*	B – Cheese stick H – Hotdog on wg bun Mediterranean salad/mixed fruit AC – Sloppy Joe’s*
26	27	28	29	30
B – Ham & egg cups* H – Spaghetti* Romaine salad/strawberries AC – Ash’s casserole*	B – Sheet pan pancakes* H – Cheesy beef sandwich* Green beans/pears AC – Chicken bowl*	B – Breakfast quesadilla* H – Taco on wg tortilla* Corn/peaches AC – Alfredo*	B – Apple cinnamon muffin* H – Cheese quesadilla* Cowboy caviar/fruit cocktail AC – Chicken Caesar salad*	B – Bagel & cream cheese H – Hot ham & cheese Carrots/blueberries AC – PBJ Uncrustable

As part of our Sangamon county Farm-to-School Initiative we are proudly serving more locally-sourced foods, including poultry and beef from local ranchers, and various seasonal fruits and vegetables from the following vendors: Bland Family Farm, Mueller Family Farm, Gregory’s Orchard, Sutil’s Garden.

