

# High School Ala carte

To meet all state requirements and nutritional values, all meals should have either a fruit or vegetable & milk with them.

Menu is subject to change. Students are only allowed one entrée item with a meal.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Pizza Stick	Bacon Chicken Ranch flatbread	Chicken nuggets	Cheese bread w/ marinara	Mesquite Chicken sandwich	
	Nachos Grande	Cheese pizza	Corndog nuggets	Crispito with salsa	Chicken wrap	
	Bacon cheese-burger	Pizza Calzone	Quesadilla	Chicken Strips	Hamburger pony shoe	
	Soft taco	Pepperoni pizza	Chicken Sandwich	Tater tot Beef casserole	Hamburger	

The following items are usually available daily:

Cottage cheese, string cheese, yogurt, side salad, apples, oranges, grapes, bananas, green beans, fresh broccoli, carrots, cucumbers, celery, assorted whole grain

snacks, Deli sandwich meal, water, 100% fruit juices, and baked potato Friday's

Condiments available: ketchup, mustard, honey mustard,

BBQ sauce, sweet and sour, salsa, and taco sauce.

This institution is an equal opportunity provider.