

## September Breakfast

| Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|---|---|--|---|
| 2<br>Choice of cereal<br>String cheese<br>Fruit<br>Juice<br>Milk   | 3<br>Choice of cereal<br>Muffin<br>Fruit<br>Juice<br>Milk         | 4<br>Choice of cereal<br>Pancake bites<br>Fruit<br>Juice<br>Milk  | 5<br>Choice of Cereal<br>Scrambled eggs<br>Juice<br>Fruit<br>Milk  | 6<br>Choice of cereal<br>Pop tart<br>Fruit<br>Juice<br>Milk   |
| 9<br>Choice of cereal<br>String cheese<br>Fruit<br>Juice<br>Milk   | 10<br>Choice of cereal<br>Yogurt<br>Fruit<br>Juice<br>Milk        | 11<br>Choice of cereal<br>Sausage<br>Fruit<br>Juice<br>Milk       | 12<br>Choice of cereal<br>Funnel cake<br>Juice<br>Fruit<br>Milk  | 13<br>Choice of cereal<br>Graham cracker<br>Fruit<br>Juice<br>Milk  |
| 16<br>Choice of cereal<br>Cinnamon bread<br>Fruit<br>Juice<br>Milk | 17<br>Choice of cereal<br>Nutria bar<br>Fruit<br>Juice<br>Milk    | 18<br>Choice of cereal<br>Donut holes<br>Fruit<br>Juice<br>Milk   | 19<br>Choice of cereal<br>Graham cracker<br>Fruit<br>Juice<br>Milk   | 20<br>Choice of cereal<br>Yogurt<br>Fruit<br>Juice<br>Milk  |
| 23<br>Choice of cereal<br>Sausage<br>Fruit<br>Juice<br>Milk        | 24<br>Choice of cereal<br>Pancake bites<br>Fruit<br>Juice<br>Milk | 25<br>Choice of cereal<br>String cheese<br>Fruit<br>Juice<br>Milk | 26<br>Choice of Cereal<br>Scrambled eggs<br>Juice<br>Fruit<br>Milk   | 27<br>Choice of cereal<br>Pop tart<br>Fruit<br>Juice<br>Milk  |
| 30<br>Choice of cereal<br>Muffin<br>Fruit<br>Juice<br>Milk         |   |   | <b>Yogurt &amp; 100%Apple juice and fruit are offered. Seasonal fresh fruit will be served when available. <i>Menus subject to change without notice do to product availability.</i></b> | <b>Whole grain breads are served with meals. 1% white milk &amp; fat free flavored are served with meals.</b> |

*This institution is an equal opportunity provider. . **If You're child is on a special diet for allergy purposes** They may be given an alternative meal. Action Plan must be sent from Doctor.*