

## September Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL	4 Cheeseburger meatloaf Scallop potatoes Peas Chilled strawberries	5 Teriyaki chicken with wg rice red & yellow peppers Seasoned broccoli Chilled apricots Wg cookie	6 Chicken & noodles Seasoned peas Seasoned corn Chilled mixed fruit	7 Corn dog Ketchup Mustard Baked fries Chilled applesauce
10 Chicken fajita wrap Lettuce / cheese cup Baked beans Chilled Peaches	11 BBQ rib wg bun Green beans String cheese Chilled grapes	12 Hot dog wg bun Ketchup Mustard Baked fries Chilled applesauce	13 Cheese & pepperoni calzone Seasoned mixed vegetables Tropical fruit salad Wg cookie	14 Cheese bread/marinara Fresh broccoli ranch Red & yellow pepper strips/ranch Chilled Peaches
17 Tator tot beef Casserole Fresh spinach salad Chilled strawberries	18 Macaroni & cheese Seasoned carrots Celery /sun butter Chill mixed fruit Bread	19 Orange glazed chicken/rice Red & yellow pepper slices Seasoned stir fried vegetables Chilled pineapple	20 Chicken cheese crispito Mixed roasted vegetables Chilled mandarin oranges Wg cookie	21 Hamburger wg bun Mustard ketchup pickle Seasoned carrots or peas Chilled apple slices
24 Chicken nuggets Sweet sour, honey mustard, BBQ Roasted mixed vegetables Mixed salad light ranch Chilled apple slices	25 Pancake & sausage bites Syrup hash brown Omelet Mandarin oranges 100% fruit juice	26 Traveling taco Wg chips Mixed lettuce Cheese cups Corn Chilled Peaches	27 Sloppy joe wg bun Green beans Chilled Apricots String cheese	28 Turkey lunchable wg crackers Cheese squares Carrots & cucumber sticks ranch Chilled applesauce Cookie
			<b>Yogurt &amp; 100% fruit juice and fruit are offered.</b> <b>Seasonal fresh fruit will be served when available.</b> <i>Menus subject to change without notice do to product availability.</i>	<b>Whole grain breads are served with meals.</b> <b>1% white milk &amp; fat free flavored are served with meals.</b>

*This institution is an equal opportunity provider.*