

# November Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Whole grain breads are served with meals.</b>  <b>1% white milk &amp; fat free flavored are served with meals</b></p>	<p><b>Yogurt &amp; 100% fruit juice and fruit are offered</b>  <b>Seasonal fresh fruit will be served when available</b></p> <p><i>Menus subject to change without notice do to product availability.</i></p>	<p>1                      BBQ rib wg bun                      Green beans                      String cheese                      Chilled Applesauce</p> <p style="text-align: center;">Soup/ Broccoli cheese</p>	<p>2                      Cheese bread/marinara                      Seasoned broccoli                      Celery / sun butter                      Chilled strawberries</p>	<p>3                      Honey mustard chicken wrap                      Lettuce / tomato                      Season broccoli                      Chilled peaches</p>
<p>6                      Orange glazed chicken/rice                      Red &amp; yellow pepper slices                      Seasoned cauliflower                      Chilled pineapple</p>	<p>7                      Pancake &amp; sausage on a stick                      Syrup tator tots                      Omelet                      Mandarin oranges                      100% fruit juice</p>	<p>8                      Deli turkey wg bun                      Sliced cheese /mayo                      Mix lettuce salad/Ranch                      Chilled Apricots</p> <p style="text-align: center;">Soup/chicken noodle</p>	<p>9                      Cheeseburger meatloaf                      Scallop potatoes                      Peas                      Chilled strawberries</p>	<p>10                      NO SCHOOL</p>
<p>13                      Tomato Soup                      Toasted cheese                      Sandwich                      Orange smiles</p>	<p>14                      Chicken fajita wg tortilla                      Lettuce /cheese                      Seasoned Carrots                      Refried beans                      Chilled fruit</p>	<p>15                      BBQ chicken on wg bun                      Seasoned peas                      Potato salad                      Chilled pineapple</p> <p style="text-align: center;">Soup/vegetable</p>	<p>16                      WG Spaghetti with meat balls                      Parmesan cheese                      Salad ranch                      Corn                      Applesauce</p>	<p>17                      Chicken cheese crispito                      Mixed roasted vegetables                      Chilled mandarin oranges                      Wg cookie</p>
<p>20                      Tator tot Casserole                      Fresh spinach salad                      Wg roll                      Chilled strawberries</p>	<p>21                      Hot ham &amp; cheese                      Baked fries                      Chilled Mixed fruit cup                      Pudding</p>	<p>22                      Chicken &amp; noodles                      Green beans                      Fresh carrots / ranch                      Apple crisp                      Soup /Tomato</p>	<p>23                      NO SCHOOL</p>	<p>24                      NO SCHOOL</p>
<p>27                      Traveling taco                      Wg chips                      Mixed lettuce Cheese cups                      Refried beans                      Chilled Peaches</p>	<p>28                      Macaroni &amp; cheese                      Seasoned carrots                      Celery /sun butter                      Chill mixed fruit                      Bread</p>	<p>29                      Hamburger wg bun                      Roasted potatoes                      Ketchup/mustard                      Chilled fruit cup</p> <p style="text-align: center;">Soup/chili</p>	<p>30                      Cheese topped ravioli                      Salad ranch                      Seasoned peas                      Wg bread stick                      Chilled apple slices</p>	

*This institution is an equal opportunity provider.*

