

November Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Yogurt & 100% fruit juice and fruit are offered. Seasonal fresh fruit will be served when available. <i>Menus subject to change without notice do to product availability.</i></p>	<p>Whole grain breads are served with meals. 1% white milk & fat free flavored are served with meals. <u><i>SOUP Wednesdays</i></u></p>		<p>1 Egg roll sweet & sour sauce Vegetable fried rice Chilled pineapple Cookie</p>	<p>2 BBQ rib wg bun Baked fries Blueberry yogurt Granola</p>
<p>5 Deli turkey wg bun String cheese /mayo Mix lettuce salad/Ranch Chilled mixed fruit</p>	<p>6 Breaded pork chop Green beans Chilled peach cup Bread</p>	<p>7 Cheese topped ravioli Spinach salad Diced tomato Chilled pears Wg bread stick</p> <p style="text-align: center;"><u>SOUP</u>/ Broccoli cheese</p>	<p>8 Cheese bread / marinara Season peas or carrots Chilled strawberries</p>	<p>9 NO SCHOOL</p>
<p>12 Cheese pizza Romaine salad light ranch Fresh broccoli Chilled pineapple</p>	<p>13 Chicken & noodles Seasoned peas Chilled peach cup Biscuit</p>	<p>14 Egg & cheese croissant 08031-3 Sweet potato tots Orange juice Chilled apricots</p> <p style="text-align: center;">Soup/ Chili</p>	<p>15 Beef tater tot casserole Green beans Chilled pears Cinnamon teddy grahams</p>	<p>16 Hamburger wg bun Wg chip Lettuce tomato salad Ketchup/mustard Chilled fruit cup</p>
<p>19 Salisbury steak Whipped potatoes & gravy Seasoned carrots Fresh Orange smiles Bread</p>	<p>20 Cheese & pepperoni calzone Seasoned mixed vegetables Chilled mixed fruit Wg cookie</p>	<p>21 NO SCHOOL</p>	<p>22 NO SCHOOL</p>	<p>23 NO SCHOOL</p>
<p>26 Meatloaf Scallop potatoes Chilled strawberries Bread</p>	<p>27 Chicken bbq flat bread Romaine salad light ranch Chilled cinnamon apples</p>	<p>28 Macaroni & cheese Seasoned carrots Celery /sun butter Chill mixed fruit Bread</p> <p style="text-align: center;">Soup / Tomato</p>	<p>29 Corn dog Fresh carrots Fresh apple slices Wg cookie</p>	<p>30 Sloppy Tacos wg bun Taco sauce Romaine salad light ranch Chilled peach cup Wg chips</p>

This institution is an equal opportunity provider.