



**PAWNEE JUNIOR HIGH/HIGH SCHOOL PHYSICAL  
EDUCATION DEPARTMENT**

# **Mrs. Rabideau**

*BS in Physical Education, Southern Illinois University at  
Carbondale*

*MS in Educational Leadership, University of Illinois at  
Springfield*

## **ALMA-MATER**

Mater Dei High School , Breese, IL

## **TEACHING EXPERIENCE**

Southeastern 2 years

Ursuline Academy 2 years

Pawnee High School 21 years

## **CONTACT INFORMATION**

Phone: 217.625.2471

E-mail:

crabideau@pawneeschools.org



**Interests or Hobbies:** Sports, puzzles

**Cardinals/Cubs/Neither:** Cardinals and Blues

**What has been the most difficult aspect of the COVID pandemic for you?**  
Seeing people live in fear.

**What would you like to tell your students during this difficult time?**  
Exercise daily.

**What is the Best Part of Being a Teacher at Pawnee?** Understanding and flexibility